

NAMI National Signature Program Leader Qualifications

Ideally, trainees will have graduated from or participated in the program for which they will be trained, although this is not required. Having previously attended or participated in a NAMI program gives the individual a better idea of what is required of them and how the program is to be led.

A formal diagnosis of a mental health condition is not required to lead any of the NAMI National Signature Programs. The trainee needs only to report having experienced mental health symptoms and be in recovery.

NAMI follows the Substance Abuse Mental Health Services Administration's (SAMHSA) definition of recovery, a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

Program	Program leader qualifications
NAMI Basics	Prospective leaders must be parents or other primary caregivers of a person who exhibited mental health symptoms prior to age 13 (the formal diagnosis may have been made years later, but symptoms appeared prior to age 13)
NAMI Connection	Prospective leaders are adults in recovery with a mental health condition
NAMI Ending the Silence	Prospective leaders must meet one of the following descriptions: (1) young adult aged 18-35 in recovery with a mental health condition; (2) adult who is either a family member or a person with a mental health condition. One leader must be a young adult in recovery.
NAMI Family & Friends	Prospective leaders are adult family members (parents, siblings, adult children, spouses, partners, etc.) of a person with a mental health condition. They must be an existing leader and have led 1 complete course in any of the following: NAMI Basics, NAMI Family-to-Family or NAMI Homefront.
NAMI Family Support Group	Prospective leaders must be adult family members (parents, siblings, adult children, spouses, partners, etc.)
NAMI Family-to- Family	Prospective leaders must be adult family members (parents, siblings, adult children, spouses, partners, etc.) of a person with a mental health condition
NAMI Hearts+Minds	Prospective leaders must be an existing leader of a NAMI signature program.
NAMI Homefront	Prospective leaders must be adult family members (parents, siblings, adult children, spouses, partners, etc.) of Service Members (active-duty military or Veteran) who have experienced mental health challenges
NAMI In Our Own Voice	Prospective leaders are adults in recovery with a mental health condition
NAMI Peer-to-Peer	Prospective leaders are adults in recovery with a mental health condition
NAMI Provider	Prospective leaders must meet one of the following descriptions: (1) adult in recovery with a mental health condition, (2) adult family member or partner of a person with a mental health condition, (3) a mental health professional who also is either a family member of someone with a mental health condition or who has a mental health condition themselves
NAMI Provider Seminar	Must be certified as a NAMI Provider leader
Sharing Your Story with Law Enforcement (SYSLE)	A who is a person with a mental health condition or a family member of someone with a mental health condition. Presenter may or may not have had previous interaction with law enforcement/justice system.